

For Those Cold Winter Nights, Love-Making Tips for Seniors (with thanks to Ed Congleton)

1. Wear your glasses. Make sure your partner is actually in the bed.
2. Set timer for 3 minutes, in case you doze off in the middle.
3. Set the mood with lighting. (Turn them ALL OFF!)
4. Make sure you put 911 on your speed dial before you begin.
5. Write partner's name on your hand in case you can't remember.
6. Keep the Polygrip close by so your teeth don't end up under the bed.
7. Have Tylenol ready in case you actually complete the act.
8. Make all the noise you want. The neighbors are deaf too.
9. If it works, call everyone you know with the good news.
10. Don't even think about trying it twice.

FEBRUARY SPEAKERS (Meetings are at 10:00 a.m. in Morrill Hall, St. Mark's Church.)

- Feb 6 Ken Roman will talk about his biography of David Ogilvy, "King of Madison Avenue". Mr. Roman is a former Chairman/CEO of Ogilvy & Mather Worldwide, the advertising and communications firm founded by David Ogilvy. He joined the agency in 1963 as an assistant account executive and served as its Chairman from 1985 to 1989. After leaving O&M in 1989, he joined American Express in a senior communications position for a brief stint before becoming a consultant, board director and author.
- Feb 13 Doug Painter has served on the staff of National Shooting Sports Foundation since 1973, was named President in 2002, and currently is NSSF's Senior Advisor and Trade Liaison. The NSSF is the trade association for the firearms industry. A life-long hunter and shooter, Mr. Painter has written extensively on a broad range of shooting sports topics as well as on wildlife conservation and the hunter's role in wildlife management. He'll address the industry's long range perspective and investment in America's great natural resources and wildlife heritage. (originally scheduled for Jan. 30)
- Feb 20 Longtime New Canaan resident Michael Holland will join us for "A Conversation About Investing Today So It's there Tomorrow." Mr. Holland is the Chairman of Holland & Company, a private investment firm in New York. He is also President and founder of the Holland Balanced Fund. He is a regular panelist on "Wall Street Week with Louis Rukeyser" and frequently seen as a guest host of CNBC's Squawk Box." He is regularly quoted in leading financial publications, including the Wall Street Journal and the Financial Times.
- Feb 27 Alice Schroeder spent years in close contact with the Oracle of Omaha and will discuss what she learned from him and what she learned about him. Ms. Schroeder was a Wall Street analyst and a managing director at Morgan Stanley when she decided at Warren Buffett's suggestion to write full-time. Texas-born, Ms. Schroeder earned her undergraduate degree and an MBA at the University of Texas at Austin before moving east to work in finance. A former CPA, she lives in Connecticut with her husband.

HELP GROW OUR MEMBERSHIP: Please stop by the Membership Committee desk just inside the door on Fridays and pick up an Application Form for the Senior Men's Club to give to a neighbor or friend. This is a good time to invite your friends to join as there is no waiting list. Paul Stein, Membership Chairman

WINTER WEATHER NOTICE SMC will not hold a meeting if the schools are closed. If there's a delayed school opening, we will meet as usual. If there's a storm on a school holiday, check the SMC website or have a friend do it for you.

COUTH

- Feb 19 (Thur)** We will be visiting the NY Historical Society in Manhattan to see its inspiring treasures related to the founding of the city and our country, as well as the history of the city and its people. We will be guided by expert docents through the permanent exhibits as well as the special exhibition entitled "Grant and Lee in War and Peace." Having thus fortified our intellectual hungers, we will proceed to the renowned Sea Shore Restaurant at City Island for a multi-course lunch offering seven choices of entrees, with beverages such as wine, beer, and soft drinks included. Check-in time 8:30 a.m., approximate return 5:00 p.m. Cost: \$75 per person. Your hosts: Stan Stanziale (966-2862) and Ladd Seton (972-8786).
- Mar 26 (Thur)** Get a handle on Handel at our annual trip to a NY Philharmonic open rehearsal. British conductor Nicholas McGegan leads the orchestra in Handel's *Music for the Royal Fireworks* and two concerti, plus selected arias with the acclaimed German-born soprano Christine Schafer, who sings everything from Bach to Alban Berg. Lunch follows at Tavern on the Green. Depart St. Mark's at 7:45-8:00 a.m. Probable cost \$95.00 per person. Our host will be Tracey Mackle (966-1149).
- April** A visit to the Sikorski Plant is being organized by our air commodore, Jack Murray. Stay tuned.

Please note: As a reminder, the Couth policy is as follows: The sign-up sheet is to be used as an indication of interest and intent to participate, but not to establish a reservation. The date of the check receipt by the Couth Committee will be the control of a confirmed reservation.

ACTIVITIES

- Amateur Chefs** The chefs will meet at Lapham Community Center on Thursday, Feb 19. Details to follow at the Friday meetings and on the website. Attendance is limited to 12 chefs.
Bert Liebelt (966-3696), Nick Zaccagnino (966-7217)
- Bridge** Bridge follows weekly meetings. Games last until about 2:00 p.m. Sign up before the meeting or at start of the break at the Couth Desk. A post-meeting drawing establishes who'll go to Lapham Center for play.
Eric Musa (966-3125)
- Paddle Tennis** Play on Monday, Tuesday and Thursday from 9:00 to 11:00 at Waveny. A Rec Department permit is required. \$10 ball fee.
George Perkins (972-6852)
- Photography** The next meeting will be held on Tuesday, February 10th at 1:30 pm in the Lapham Center Computer Room. Topics will be announced at SMC Meetings.
Jack Messert (966-8754)
- Racquetball** Players wanted. Mon, Wed, Fri 8:00 a.m. at the YMCA.
Bill Patton (966-4849)
- Skyblazers** The planes will be flying Wednesday February 4 and Monday, March 16 at 1:00 p.m. at Lapham Community Center.
Jack Murray (966-1416)
- Trailblazers** We're done for the season.
Ray Davis (940-3013)
- 4F Luncheon** Our informal, relaxing Dutch treat lunch is the Fourth Friday, Feb 27. The site will be announced at Friday meetings. All are invited to join in, especially newer members who will find the group always hospitable. Sign up at the Couth desk, either before 10 a.m. or during the coffee break.
Don Tiefenthaler (966-5794)

MEMBER DUES Jim Davis, club treasurer, will be happy to receive payment of your Senior Men's Club dues of \$35 for the 2009 calendar year. Your prompt payment will help out by eliminating the need for follow-up reminders. You may pay Jim any Friday, by check to SMCNC, or mail your payment to SMC, c/o YMCA, 564 South Avenue, New Canaan, CT 06840.

ANSWER TO LAST MONTH'S PUZZLE - Naughty ladybugs, they both were lying. The boy has yellow dots, and the girl has red dots.

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OFFENDING COMMAND:

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