

## NEWSLETTER

### JUST ONE MORE SENIOR CITIZEN'S LESSON REGARDING GETTING OLDER

Ray came home one night from a long day at work, slid into bed beside his sleeping wife and fell into a deep slumber. He awoke standing at the Pearly Gates when St. Peter said, "You died in your sleep, Ray." Ray was stunned, "I'm dead? No it can't be! I have so much to live for. Please send me back!" St. Peter said, "I'm sorry but there is only one way you can go back and that's as a chicken." Ray was devastated but begged St. Peter to send him to a farm near his home. The next thing he knew, he was covered with feathers, clucking and pecking the ground. A rooster strolled past, "So you're the new hen, huh? How's your first day here?" "Not bad, but I have this strange feeling inside. Like I'm going to explode!" "You're ovulating," explained the rooster. "Don't tell me you've never laid an egg before?" "Never" said Ray. "Well, just relax and let it happen. It's no big deal." He did and a few uncomfortable seconds later, out popped an egg! He was overcome with emotion as he experienced motherhood. He soon laid another egg. His joy was overwhelming! As he was about to lay his third egg, he felt a smack on the back of his head and heard: "Ray, wake up. You're pooping in the bed!" *Getting old just ain't always what they said it would be!*

### NOTHING MORE IMPRESSIVE THAN CREATIVE SUICIDE COUNSELING

A desperate looking woman stood poised on the edge of a high bridge, about to jump off. An old guy who was wandering by stopped and said, "Look, since you'll be dead in a few minutes, and it won't matter to you, how about a quickie before you go?" She screamed, "No! Bug off you dirty old man and leave me alone!" He shrugged and turned away saying, "Okay then, I'll just go and wait at the bottom." She didn't jump.

### FEBRUARY SPEAKERS – (Meetings are at 10am in Morrill Hall, St. Mark's Church)

February 2 Chris Bruhl is President & CEO of Fairfield County Business Council. He will address the basic economic and business environment on both Fairfield County and the State of Connecticut. The Council is the principal lobbying organization for regional and state business basics such as transportation, power grids, leadership education and general business environment and has been recognized many times for effectiveness in government and business both nationally and in CT. The title of his talk is: "*Connecticut Business Trends in 2018*".

February 9 Arthur Gottlieb, History Instructor at Sacred Heart University, is a well known historian on the subjects of politics and military history. He was formerly a professional Curator of Naval History and the Director of Exhibits at the intrepid Air & Space Museum in NYC. For the past 13 years, he has focused his attention on the growing needs of aging veterans and their families. In keeping with the recent movie, *The Darkest Hour*, he will be addressing the topic of *The Battle of Britain*.

February 16 Kevin Moynihan, newly elected 1<sup>st</sup> Selectman of New Canaan, will speak on *The State of the Town 2018*. He assumes his new post as no stranger to New Canaan's programs and needs. He most recently has spent the past four years on the Town Council, including being part of the creation of the Audit Committee and Ethics Board. He served as a catalyst for the Waveny Park Conservancy and opened the door to EverSource to undertake a major expansion of natural gas for the town. Before his political life he was a corporate attorney.

February 23 David Levinson is President of Norwalk College and will be speaking on *The Roles of Community Colleges*. He has been President of Norwalk Community College since 2004, overseeing a major campus and academic growth in both size and impact on the region. NCC is one of the 15 national colleges to receive the Bill and Melinda Gates Foundation award for development educational projects. With the restructuring of higher education in the state, he was appointed the VP for the CT State Colleges and Universities Board of Regents.

NEW MEMBERS – Happy to announce that we have 1 new member: David Kraemer. Welcome, David! We are delighted you have joined the New Canaan Men's Club!

## COUTH

### 2018 Planned Couth Event Schedule

April 22 – Stamford Symphony 3pm, Cost TBD. Drive yourself. Leader: Tracy Mackle

May 2018 – ESPN and Clock Museum-Bristol, CT Cost TBD. Drive yourself. Leaders: C.Fauntleroy, J. Murrey

## ACTIVITIES

- Amateur Chefs**      Thursday, February 17 - Luncheon will be held at Lapham at 12 noon. \$15 payable by check or cash holds your reservation. Pay at the Couth Table.      Joel Pelzner (203-972-1771)
- Book Club**      The February book club selection for February is *The Brooklyn Follies* by Paul Auster. Retired life insurance salesman Nathan Glass has come to Brooklyn seeking only solitude and anonymity but life takes over instead. Among the many twists in the delicious plot is a scam involving a forgery of the first page of *The Scarlet Letter*. From the Washington Post: “a big-hearted, life-affirming, tenderly comic yarn.” We’ll meet Tuesday, February 26<sup>th</sup> at Lapham at 1:30pm.      Dan Eng (203-972-0649), Jack Lapolla (203-966-1107)
- Investments**      Next meeting will be on Monday, March 5<sup>th</sup> at 10:00am at Lapham. We will address reconfiguration of personal portfolios to reflect recent gains in the stock market.      Paul Strassmann (203-966-5505)
- Paddle Tennis**      Play Monday, Tuesday, Wednesday & Thursdays, 9-10:30am. All welcome to play and/or socialize. Join us for coffee even if not playing. A Rec. Dept. permit is required.      Joe Adiletta (203-966-5843), Nick Guthrie (203-273-4051)
- Pickleball**      Play Tues, Wed & Thurs. at Grace Farms -10:15 to 11:45am. George Perkins (203-972-6852)
- Sidewalks of NY**      Wednesday, March 28<sup>th</sup> – Train to New York and subway to guided tour of the New York Historical Society. Lunch on your own in the neighborhood. Cost \$45. Limit: 14 people.  
Wednesday, April 18 – Train to NYC and a guided tour of the Louie “Satchmo” Armstrong house/museum in Queens. Lunch on your own. Cost TBD. Limit: 14 people.  
Wednesday, May 9 – Train to NYC and a walking tour of Ft. Tryon Park to reach The Cloisters. Admission and lunch on own at The Cloisters. Cost: TBA. Limit: 14 people  
Pete Stair (203-962-2034)
- Table Tennis**      Play at the YMCA, Monday and Wednesday at 8am.      Stephen Halpert (203-972-7555)

**2018 NCMC DUES ARE OVERDUE AND PAYABLE NOW!** Our dues will continue to be \$50 for 2018. Because of the generous voluntary additional donations that many of you have made in the past we actually have a modest surplus which, combined with the \$50 regular dues, should comfortably cover our expenses for 2018. So this year we are not asking for you to make those additional donations! Please feel free to make your payment at the membership desk at the Friday meetings in cash or by check, payable to NCMC. Or mail the check to NCMC c/o YMCA, 564 South Ave., NC, CT 06840. We are not using PayPal this year, as we have had serious problems with their system.

### **DISTINGUISHED NEW CANAAN SENIOR MAN NOMINATION**

Please consider nominating a club member for recognition as the 2018 New Canaan Men’s Club Distinguished Man. For information about the award, and the process, please go to the club website and follow the links to Committees, Distinguished Man Award, [Click Here](#). Nominations are due to the club president or to Ralph Hills ([rhills@acadco.com](mailto:rhills@acadco.com)), by February 15, 2018. Please contact Ralph or any other committee member if questions.

### **AND FINALLY, A QUESTION FOR SENIORS...THIS EVER HAPPEN TO ANY NCMC MEMBER?**

Have you reached an age where your train of thought often leaves the station without you? “All aboard!”