



NEWSLETTER

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ALWAYS BEST TO CLARIFY BEFORE ANY FIRM COMMITMENTS!

An elderly couple, who were both widowed, had been going out with each other for a long time. Urged on by their friends, they decided it was finally time to get married. Before the wedding, they went out to dinner and had a long conversation regarding how their marriage might work. They discussed finances, living arrangements and so on. Finally, the old gentleman decided it was time to broach the subject of their physical relationship. "How do you feel about sex?" he asked, rather tentatively. "I would like it infrequently," she said. The old gentleman sat quietly for a moment, leaned over towards her and whispered: "Is that one word or two?"

MANAGEMENT CAN BE MENTALLY CHALLENGING

The Connecticut Department of Employment and Labor Standards claimed a small rancher was not paying proper wages to his help and sent an agent out to investigate him. Agent: "I need list of your employees and how much you pay them". Rancher: "Well, there's my hired hand who's been with me for 3 years. I pay him \$200/week plus free room and board. Then there's the mentally challenged guy. He works about 18 hours every day and does about 90% of all the work around here. He makes about \$10/wk, pays his own room and board, and I buy him a bottle of bourbon every Saturday night so he can cope with life. He also sleeps with my wife occasionally." Agent: "That's the guy I want to talk to - the mentally challenged one." Rancher: "That would be me".

YOGI-ISMS - fourth installment - (thanks to Alan Fleischer)

"He hits from both sides of the plate; he's amphibious" |-| "I always thought that record would stand until it was broken" |-| "Always go to other people's funerals, otherwise they won't come to yours" |-| "We have deep depth".

MARCH SPEAKERS - (Meetings are at 10am in Morrill Hall, St. Mark's Church)

March 1 Jim Lisher, Chairman of New Canaan's Health & Services Commission, will speak on how our town came to develop the long term vision of *The Optimal Livable Community* (OLC); a discussion of the *Video Tele-health Pilot* and how the tele-nurse (TN) works; and will include an excerpt from a *Rock Center with Brian Williams* program on the future of tele-medicine (at home health monitoring). The OLC goals: Enable aging in place, reduce healthcare costs, and generally improve care quality for all New Canaan residents.

March 8 Dr. Rob Pascale and Dr. Lou Primavera, authors of *The Retirement Maze: What You Should Know Before and After You Retire*, will be discussing exactly that. They have found that only half of retirees think their lives improved after they retired. They will discuss how retirement is not as easy as it might seem and that all too many people are not ready for it. A new life lacking structure and direction, they will assess retirement, how to prepare and deal with it, based on the fact it is a difficult transition with many pitfalls and obstacles to overcome.

March 15 Dr. Matthew Warshauer is professor of history at Central Connecticut State University. His teaching interests include American political and constitutional history, historiography, sectionalism, the Jacksonian Era and the Civil War. Andrew Jackson - Old Hickory - is his favorite political character and believes him to be the most despotic of American heroes! Or, perhaps, the most heroic of despots! He will explore the conflicting aspects of Jackson's character and how they accurately made him a symbol for America.

March 22 David Koch is professor of history at Housatonic Community College in Bridgeport. The topic of his speech is: *The Age of Progress: The Inventions of the 19th Century*. He will discuss the intersections of various historical themes in literature and politics, as well as technological, medical, and scientific advances. This talk will highlight the effects and influences that each area had on the others. Romanticism, invention, nationalism and a growing reliance on scientific theory will be highlighted during his presentation.

March 29 No Meeting - Good Friday

COUTH

April Tuesday, April 9th - Trip to the Culinary Institute of America at Hyde Park. Check in at St. Mark's no later than 8:15 to be available for the 10:30am tour of the institute; lunch at the Ristorante de' Medici at 11:30am; we will return by about 3:30pm. The cost is \$70/person.
Ladd Seton (203-972-8786), Bob Spence (203-966-6499)

ACTIVITIES (Check the website at SMCNC.ORG for updates).

- Amateur Chefs Thursday, March 21st, ODE TO SPRING, our annual husband/wife/significant other event will be held at Waveny Castle at 5:30pm. Cost: \$25 per person.
Bert Liebelt (203-966-3696), Nick Zaccagnino (203-966-7217)
- Bridge Talk with your friends and organize your own games after the Friday meetings.
Eric Musa (203-966-3125)
- Investments The next meeting will be Monday, March 18th at Lapham. Harry Hitch (203-966-1947)
- Mystery Books. Our March author is "tough guy" crime writer, Dashiell Hammett. His fictional characters Sam Spade and Nick & Nora Charles are part of our literary heritage. We'll trace their influence on modern writers. In his day, Hammett's prose was compared with Earnest Hemingway and his combination of booze, broads and a good punch in the nose. We will announce date, time and location of the get together at the weekly SMC meeting.
Brian Hollstein (203-972-0633)
- Paddle Tennis Play on Monday, Tuesday and Thursday from 9:00am-11:00am at Waveny. A Rec. Dept. permit is required. \$10 ball fee. The annual paddle party will be held on April 15th at Waveny at 6pm. Cost: \$5/person. Please bring an appetizer or dessert.
Steve Rowley (203-966-2376), John Ross (203-966-8339)
- Photo/Computer Stay tuned at the Friday meetings or check website. Jack Messert (203-966-8754)
- 4F Luncheon The March luncheon will be on Friday, March 22nd. Details will be announced at future Friday meetings.
Don Tiefenthaler (203-966-5794)

NEW MEMBERS - Please welcome to the Club 6 new members: James Bettridge, Alan Donaldson, Nicholas Guthrie, Tom Lewis, Herbert Sullivan and Charles Wright. We are delighted you have joined the SMCNC!!

SMG DIRECTORY PHOTOS/REVISIONS

Starting the second half of March and running into April, we will start taking new and current member photos. New members need a photo and others may want to update their present photo for the Directory. Pictures will be taken before each Friday meeting. Also, if there are any changes, revisions or deletions you might want to make to your personal information in the Directory (phone numbers, emails, etc), please contact Jerry Transue no later than April.

WORDS FROM THE PREZ -March is an exciting month with a lot happening. It starts with *International Women's Day* on March 8th, followed by *Daylight Savings Time* beginning on the 10th. One of the most fun holidays in March is *St. Patrick's Day* on the 17th, when we get to eat corned beef and cabbage and drink green beer!! The first day of spring. *Vernal Equinox*, occurs on March 20th, followed by *Palm Sunday* on the 24th, the first day of *Passover* on the 25th, and *Easter* on March 31st. That means we have no SMC meeting on Friday, March 29th. We do have some terrific speakers during the month, so bring a prospective member and get them to sign up. Have a great month!