

NEWSLETTER

AN INTERESTING IDEA HEARD AT A RECENT NCMC MEETING

A NCMC member espousing a thought that senior citizens should be recruited to join the military, not 18 year olds. Why? A number of reasons. "First, researches say 18 year olds think about sex every 10 minutes. Seniors for only a couple of times a day, leaving us more than 28,000 additional seconds per day to concentrate on the enemy. If captured, seniors couldn't spill the beans because they'd forget where they put them. Boot camp would be easier for us because we're used to getting yelled at by our wives and we are used to soft food. And the military should lighten up on the obstacle course. I've been in combat and never saw a single 20-foot wall with rope hanging over the side. So let us track down those dirty rotten coward terrorists.....the last thing an enemy would want to see is two million pissed off old bastards with attitudes and automatic weapons, who know that their best years are already behind them. And one more terrific idea! How about recruiting women over 50...when in menopause! You think men have attitudes?! Ohh my God!! If nothing else, put them on the border patrol. They would have it secured the first night!" AAH, THERE IS REALLY NO GIFT QUITE AS NICE AS A GOOD BOTTLE OF WINE

For all of you NCMC members who are married, were married, wish you were not married, this is something to smile about the next time you see a bottle of wine. Fred was driving home from one of his business trips in Northern Arizona, when he saw an elderly Navajo man walking on the side of the road. As the trip was a long and quiet one, he stopped the car and asked the Navajo man if he would like a ride. With a silent nod of thanks, the Indian got into the car. Fred tried in vain to make a bit of small talk with the Man. He just sat there silently looking intently a everything he saw, studying every little detail, until he noticed a brown bag on the seat next to Fred. "What in bag?" asked the old man. Fred looked down at the brown bag and said "It's a bottle of wine. I got it for my wife." The Navajo man was silent for another moment or two. Then speaking with the quiet wisdom of an elder, he said, "Good trade..."

MARCH SPEAKERS – (Meetings are at 10:00am in Morrill Hall, St Mark's Church)

- March 3 <u>Matthew J. Diserio</u> is Co-Founder & President of Water Asset Management, LLC. His talk will be about the company. WAM invests globally in companies and assets that insure water quality and its supply. They believe that scarce water is the resource defining the 21st century just as plentiful oil was the resource that defined the 20th century.
- March 10 <u>Ed "Skip" McLaughlin</u> and <u>Wyn Lydecker</u>, coauthors of *The Purpose Is Profit: The Truth About Starting and Building Your Own Business*, will talk about the challenges and motivations of becoming an entrepreneur. They will discuss why distinctive competence trumps passion when starting a business, where to get funding without losing control and why a startup should factor profit into every business decision.
- March 17Kay Maxwellis Executive Director of the World Affairs Forum. Previously, she was the President
of the League of Women Voters of the US from 2002-2006. She will be speaking about the World
Affairs Forum, its mission and activities. She will also share with us about the trips she has taken
through the World Affairs Councils of America to Cuba, Myanmar, Viet Nam and Cambodia.
- March 24 <u>Donald P. Gregg</u> is currently chairman of the Pacific Century Institute in LA and chairman emeritus of the Korea Society in NYC. He spent 30 years with the CIA, became George Bush's national security advisor in 1982, and from 1989 thru 1993 was US Ambassador to Korea. He will speak on Korea and his time as Ambassador and life as a CIA agent in SE Asia.
- March 31
 Les de Villiers yes, our very own NCMC member and world known "Sultan of Safaris" will be relying on videos and still pictures taken over several decades while on safari. He will be sharing his knowledge about the behavior of animals in their natural environment. The title of the talk is:

 Animal Behavior: Are we Smart Enough to Know How Smart Animals Are?

COUTH

(Check the website at NCMENS.CLUB for <u>Couth</u> and <u>Activities</u> updates)

ACTIVITIES

Amateur Chefs	<u>Thursday, March 16th</u> – <u>ODE TO SPRING</u> event will be held at Lapham at 5pm. Husband/Wife, Stag or Drag, Significant Others invited. \$25 each. Will accept 42 attendees. Pay at the Couth Table.Couth Table.
Book Club	The book selection for March will be <u>Hillbilly Elegy</u> by J.D. Vance. "A deeply moving memoir with its share of humor and vividly colorful figures, this book is the story of how upward mobility really feels. And it is an urgent and troubling meditation on the loss of the American dream for a large segment of this country." (Amazon). We will meet, <u>Tuesday, March 28th at Lapham at 1:30pm.</u> Jack Lapolla (203-966-1107), Dan Eng (203-972-0649)
Bridge	Talk with friends and organize your own games after Friday meetings. Marvin Newman (203-972-8165)
Health Club	The healthy subject for the March meeting is <u>The New Age of Aging Well</u> . While the aging process is inevitable, aging well is not. We'll discuss the latest research on aging well, then take a look at the physiologic processes going on, and finish by starting a fitness lifestyle & healthy wellness. Health Club meets at Halo Studios (NCRC on Grove St) at 2PM on <u>Wed-nesday, March 15th</u> New Canaan ISTEP Seniors Tele-health Program for 2017 is signing up members. Call Bethany, the Town's Tele-Nurse at 203-594-3076 to join with a friend. Jim Lisher (203-972-3519)
Investments	The next meeting will be on Monday, March 6th at 10 am at Lapham. The topic at the meetingwill be: Stock Market Trends and Expectations.Hans Dijs (203-972-6024)
Paddle Tennis	Play Monday, Tuesdays and Thursdays, 9-10:30am. All welcome to play or socialize. A RecDept. permit required.Nick Guthrie(203-966-6192), Joe Adiletta(203-966-5843)
Sidewalks of NY	<u>Save these Spring dates</u> (Signups for each will begin three weeks prior to each walk) <u>Wednesday, April 19th</u> – St. Patrick's Cathedral and lunch at Rockefeller Center <u>Wednesday, May 17th</u> – 500 Years of Treasures from Oxford Univ. Lunch at Union Square <u>Wednesday, June 7th</u> – Museum of American Finance, Federal Hall. Lunch in a bank vault! Pete Stair (203-962-2034)
Table Tennis	Play at the YMCA, Monday and Wednesday at 8am.Stephen Halpert (203-972-7555)

<u>2017 NCMC DUES ARE OVERDUE AND PAYABLE NOW</u> – The Board has agreed to keep our dues at \$50 for 2017. We are only able to maintain the \$50 amount because of the generous voluntary additional donations that many of you have made in the past. Please feel free to make your payment at the membership desk at the Friday meetings, in cash or check, payable to NCMC. Or mail the check to NCMC, c/o YMCA, 564 South Avenue, NC, CT 06840. Or you can go to the website – NCMENS.CLUB – and you can pay via PayPal. And, of course, it will be a wonderful help if you can make a voluntary donation above the \$50 to help us balance the budget.

<u>NEW MEMBERS</u> – Very happy to announce that we have 2 new members: Frank Sparks and Thomas Davies. Welcome, gentlemen! We are delighted that you have joined the New Canaan Men's Club!