



NEWSLETTER

April, 2011
Vol. 36, No. 4
SMCNC.ORG

ANSWERS TO SOME KEY QUESTIONS ON AGING (with thanks to Bruce Croaning)

Q: Why should 60-plus year old people use valet parking?

A: Valets do not forget where they park your car.

Q: Is it common for 60-plus year olds to have problems with short term memory storage?

A: Storing memory is not a problem - Retrieving it is the problem.

Q: As people age, do they sleep more soundly?

A: Yes - But, usually in the afternoon.

Q: Where should 60-plus year olds look for eye glasses?

A: On their foreheads.

Q: Someone has told me that menopause is mentioned in the bible. Is that true? Where can it be found?

A: Yes. Matthew 14:92: "And Mary rode Joseph's ass all the way to Egypt."

Q: What is the most common remark made by 60-plus year olds when they enter antique stores?

A: "Gosh, I remember these!"

APRIL SPEAKERS (Meetings are at 10:00 a.m. in Morrill Hall, St. Mark's Church.)

Apr 1 Westport resident Vi Takahashi will tell the story of those Japanese interned during World War II, a story she feels should be told as a reminder to us to not make that mistake again. She was born in Seattle, but "voluntarily evacuated" as a child with her family to San Antonio, Texas in March, 1942. Her husband-to-be was also interned, and eventually served in the Korean War. Ms. Takahashi has a BA in Social Work from the University of Texas and an MSSW from Case Western Reserve. She was employed as a caseworker for the Illinois Department of Welfare.

Apr 8 Our speaker will be Colonel Peter J. DePatie (Dick's nephew). Colonel DePatie commands the 103rd Air and Space Operations Group, Bradley Air National Guard Base, East Granby, Conn. He leads nearly 200 airmen in Southwest Asia, in providing command and control over coalition air component operations in the U. S. Central Command area of operations. In doing so, they provide support for Operations Enduring Freedom, New Dawn, and other theater missions vital to U.S. interests. He will address the logistics of frequent deployments and the impact these deployments have on soldiers and families.

Apr 15 Writer and commentator Frank Deford is the author of sixteen books, two of which — the novel *Everybody's All-American* and *Alex: The Life Of A Child*, his memoir about his daughter who died of cystic fibrosis — have been made into movies. On radio, Deford may be heard as a commentator every Wednesday on NPR's *Morning Edition* and, on television, he is the senior correspondent on the HBO show *RealSports With Bryant Gumbel*. In magazines, he is Senior Contributing Writer at *Sports Illustrated*. For sixteen years, Deford served as national chairman of the Cystic Fibrosis Foundation.

Apr 22 No Meeting. Good Friday.

Apr 29 New Canaan Police Chief Ed Nadriczny will speak about the challenges and the accomplishments of the New Canaan Police department over the past 5 years. He will have some key department personnel with him to briefly explain their areas of specialization. Chief Nadriczny will also address the challenges that will be facing law enforcement and the NCPD in the future. Chief Nadriczny is a 33-year veteran of the department. A 1972 graduate of Darien High School, he holds a BS degree in Education from Southern Connecticut State University and a Master's in Public Administration from the University of New Haven.

ANNUAL MEETING Our annual meeting will be held at the Country Club of New Canaan on May 6. The price is \$45 in advance to Rad Stone (35 Lakeview Avenue), or \$50 at the door. Make checks payable to SMCNC. Happy hour begins at 11:30. The St. Luke's Acafellas will provide entertainment.

DIRECTORY PHOTOS On April 15 and again on April 29, Ralph DeDomenico will be taking photos of members for the next directory. He'll start about 9:20 a.m. and will also do photos at the meeting break. We need photos of all NEW members, and will also be happy to update the photos of old member if you wish.

COUTH

Apr 13 (Wed) Our annual trip to the NY Philharmonic open rehearsal. Kurt Masur will conduct the Brahms Symphony No. 1 and Franz Liszt's Les Preludes (the other Lone Ranger theme). We will lunch directly across Broadway in the back room at Josephina's. To allow for traffic, check-in St. Mark's at 7:45 a.m., bus departs 8:00, to return about 4:00 p.m. Cost \$80 per person. Hosts Tracey Mackle (203-966-1149) and Pete Stair (203-966-6497).

Apr 28 (Thur) A Glass Hour tour day has been arranged. There will be 6 tours, starting at 10:00 am. Cost will be \$30 per person. These tours are scarce as hen's teeth, so sign up early at the couth table. Departures will be from the Glass House offices on Elm Street, and further details will be announced at Friday meetings.

Future trips will be announced at the Friday meetings and in future newsletters.

As a reminder, the Couth policy is as follows: The sign-up sheet is to be used as an indication of interest and intent to participate, but not to establish a reservation. The date of the check receipt by the Couth Committee will be the control of a confirmed reservation.

ACTIVITIES (Check the website at SMCNC.ORG for updates)

Amateur Chefs The chefs will not meet in April. The next meeting will be May 19. Menu and other details will follow at the Friday meetings and on the website.
Bert Liebelt (203-966-3696), Nick Zaccagnino (203-966-7217)

Bridge Talk with your friends and organize your own games after the Friday meetings. You may play at Lapham or stay at St. Marks.
Eric Musa (203-966-3125)

Cycling Cycling will resume Wednesday, April 20. Meet at Lapham at 9:00 a.m., weather permitting for an as yet unknown destination.
Les DeVilliers (203-966-9645), Roger Colson (203-966-9258)

Golf The first outing of the year will be April 25th or April 27th (snow melt permitting). Announcements on date, time and location will be made during the April Friday meetings and will be posted on the SMCNC.org website.
Harvey Place (203-966-1821)

Paddle Tennis Play on Monday, Tuesday and Thursday from 9:00 to 11:00 at Waveny. A Rec Department permit is required. \$10 ball fee.
Steve Rowley (966-2376), John Ross (966-8339)

Photography Stay tuned at the Friday meetings for information on the next meeting of the Photography Group.
Jack Messert (203-966-8754)

Racquetball Players wanted. Mon, Wed, Fri 8:00 a.m. at the YMCA.
Bill Patton (203-966-4849)

4F Luncheon Our informal, relaxing Dutch treat lunch is usually on the Fourth Friday, but for April, since that date is Good Friday, and there's no meeting, we'll lunch instead on the 29th, even though it is the Fifth Friday. The site will be announced at Friday meetings. All are invited to join in, especially newer members who will find the group always hospitable. Sign up at the Couth desk, either before 10 a.m. or during the coffee break. There will not be a lunch in May, as the fourth Friday comes on Memorial Day weekend.

Don Tiefenthaler (203-966-5794)

NEW MEMBERS - We have one new member since the last newsletter: Dick Hyde. Please welcome him when you see him at the meetings.

NEED A RIDE TO FRIDAY MEETINGS? Members are reminded that Getabout van service is available to and from our Friday meetings. Just call Getabout at 972-7433 one day in advance and sign up to travel with the others enjoying this service. Getabout asks for a donation of \$3 each way but does not require it. This is a great way to travel!! You can even arrange to be driven from the meeting to lunch or shopping downtown and taken home after that.

ERROR: undefined
OFFENDING COMMAND:

STACK: