



# NEWSLETTER

SMCNC.ORG  
July-August, 2009  
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## **CREATIVE PUNS FOR DEMENTED MINDS** (with thanks to Alan Fleischer)

The roundest knight at King Arthur's round table was Sir Cumference. He acquired his size from too much pi. She was only a whiskey maker's daughter, but he loved her still.

A rubber band pistol was confiscated from algebra class because it was a weapon of math disruption.

The butcher backed into the meat grinder and got a little behind in his work.

No matter how much you push the envelope, it'll still be stationery.

A dog gave birth to puppies near the road and was cited for littering.

Two silk worms had a race. They ended up in a tie.

Time flies like an arrow. Fruit flies like a banana.

A hole has been found in the nudist camp wall. The police are looking into it.

Atheism is a non-prophet organization.

Two hats were hanging on a hat rack in the hallway. One hat said to the other, "You stay here; I'll go on a head."

A sign on the lawn at a drug rehab center said: 'Keep off the Grass.'

A small boy swallowed some coins and was taken to a hospital. When his grandmother telephoned to ask how he was, a nurse said, "No change yet."

A chicken crossing the road is poultry in motion.

The short fortune-teller who escaped from prison was a small medium at large.

The man who survived mustard gas and pepper spray is now a seasoned veteran.

A backward poet writes inverse.

In democracy it's your vote that counts. In feudalism it's your count that votes.

## **JULY-AUGUST SPEAKERS** (Meetings are at 10:00 a.m. in Morrill Hall, St. Mark's Church.)

**July 10** Dr. Diane S. Schaupp will speak to us about "Opportunities for Psychological Development for Aging Adults." Dr. Schaupp is an author, psychologist, registered nurse, and an educator. An aging baby-boomer herself and a caregiver to elderly members of her family, she is eager to discard the outdated notion that aging is indicative of a time of decline. Dr. Schaupp has a Ph.D. in Counseling Psychology from Fordham, and is board certified in the specialty of Counseling Psychology by the American Board of Professional Psychology.

**July 24** Roy E. Johnson's presentation about money laundering will provide historical information along with the current situation, and includes a brief skit involving the audience to illustrate a couple of key money laundering methods. Before writing his first novel, *Red Money*, published under the penname Ron Janson, Mr. Johnson spent 35 years in financial management and consulting. He worked in major corporations and co-founded two consulting firms, Corporate Strategy and Vanguard Partners.

**Aug 7** Dr. Danilo de la Pena, MD, "Executive Director, Research Center for Clinical Studies, Inc." will discuss the newest research available on Alzheimer's Disease. One of the many studies he is involved in was mentioned on the recent HBO series on Alzheimer's disease called *The Alzheimer's Project*. Following Dr. de la Pena, Eleanora Mikesh, Executive Director of The Greens at Cannondale and The Residence at Cannondale of Wilton, will discuss the importance of activity through mental stimulation and will include Darby Cartun, an art instructor in their community as an example of mental stimulation through art appreciation.

**Aug 21** James E. Lukaszewski, Chairman of The Lukaszewski Group will tell us why Gordon Gecco was wrong (Greed is not good) and how we need to change American business to fix it. His talk is called, "Putting Ourselves First" or, "The Equation for Change in America: Democracy + Catastrophe = Tomorrow". The Lukaszewski Group provides strategic guidance to the managements of major U.S. and international businesses and organizations on the most sensitive reputation and ethical problems. Mr. Lukaszewski is an internationally recognized speaker on crisis management, ethics, media relations, public affairs, and reputation preservation and restoration.

## COUTH

**July/August** No trips are planned.

**Sep 16 (Wed)** A trip is planned to see the Port of Newark Operations. More details will follow in subsequent newsletters, in Friday meetings, and on the website. Hosts will be Stan Stan Stanziale ((966-2862) and Dick DePatie (966-8323).

**Oct 7 (Wed)** A fall cruise on the Hudson River following a lunch is planned. Details will follow.

**Please note:** As a reminder, the Couth policy is as follows: The sign-up sheet is to be used as an indication of interest and intent to participate, but not to establish a reservation. The date of the check receipt by the Couth Committee will be the control of a confirmed reservation.

## ACTIVITIES (Check the website at SMCNC.ORG for updates)

**Amateur Chefs** The chefs will meet at Lapham Community Center on Thursday, July 23 for our annual Lobster Lunch. Details will follow at the Friday meetings and on the website.

Bert Liebelt (966-3696), Nick Zaccagnino (966-7217)

**Bridge** Bridge follows weekly meetings. Games last until about 2:00 p.m. Sign up before the meeting or at start of the break at the Couth Desk.

Eric Musa (966-3125)

**Cycling** A new activity, for all levels, not just expert riders! Meet at Lapham Community Center at 8:30 on Wednesday mornings for a ride. Sometimes we'll go from there, other times we'll carpool to a starting point.

Les DeVilliers (966-9645), Roger Colson (966-9258)

**Golf** We have two dates in July and one in August. The first will be Wednesday, July 8 at Whitney Farms, Monroe, 1<sup>st</sup> tee time is 9:30, price \$45, including cart (directions: [www.whitneyfarmsgc.com](http://www.whitneyfarmsgc.com)). On Wednesday, July 29, we'll play at Ridgefield Golf Club, 1<sup>st</sup> tee time is 9:30, price \$44, including cart (directions: [www.ridgefieldct.org](http://www.ridgefieldct.org)). The August date and site are yet to be determined, so stay tuned at the Friday meetings and on the website.

Harvey Place (966-1821)

**Photography** The Photo Group will be in hibernation until September.

Jack Messert (966-8754)

**Racquetball** Players wanted. Mon, Wed, Fri 8:00 a.m. at the YMCA.

Bill Patton (966-4849)

**Skyblazers** The planes are in the hangar until fall. Stay tuned at Friday meetings and on the website for the next flight.

Jack Murray (966-1416)

**Tennis** Play at Mead Park on Monday, Tuesday, and Thursday from 8 to 10 a.m. A Rec Department permit is required.

Craig Wright (966-4399)

**Trailblazers** Our next hike will be on Wednesday July 15. Listen at the Friday meetings and check the website for more details. Then on Friday, July 31, Pete Stair will lead a hike to Governor's Island. There will also be a hike on Wednesday, August 12, details to be announced later. Meet at St. Mark's at 8:30 to carpool, and on the 31<sup>st</sup>, to catch the 8:49 train to NYC. Bring a lunch (or get it in NYC on the 31<sup>st</sup>) and a friend.

Ray Davis (940-3013)

**4F Luncheon** There will be no 4F luncheon in July or August. We'll resume in September.

Don Tiefenthaler (966-5794)

**ANSWER TO LAST MONTH'S PUZZLE** - The change he receives is one each of a penny, a nickel, a dime, a quarter, a one dollar bill, a five dollar bill, a ten dollar bill and a twenty dollar bill.



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