

GENTLE THOUGHTS FOR THE DAY

A penny saved is a government oversight.

Long ago when men cursed and beat the ground with sticks, it was called witchcraft. Today, it's called golf

The older you get, the tougher it is to lose weight, because by then your body and your fat have gotten to be really good friends.

Did you ever notice: The Roman Numerals for forty (40) are XL.

The easiest way to find something lost around the house is to buy a replacement.

He who hesitates is probably right.

The sole purpose of a child's middle name is so he can tell when he's really in trouble.

There's always a lot to be thankful for if you take time to look for it. For example I am sitting here thinking how nice it is that wrinkles don't hurt.

Did you ever notice: When you put the two words "The" and "IRS" together it spells "Theirs."

Aging: Eventually you will reach a point when you stop lying about your age and start bragging about it.

The older we get, the fewer things seem worth waiting in line for.

One of the many things no one tells you about aging is that it is such a nice change from being young.

Ah, being young is beautiful, but being old is comfortable.

When you are dissatisfied and would like to go back to youth, think of algebra.

You know you are getting old when everything either dries up, or leaks.

First you forget names, then you forget faces. Then you forget to pull up your zipper. It's worse when you forget to pull it down.

SEPTEMBER SPEAKERS (Meetings are at 10:00 a.m. in Morrill Hall, St. Mark's Church.)

Sept 5 Dayton Ogden will speak on "How Boards should go about selecting a new CEO." Mr. Ogden is currently the Global Practice Leader of Spencer Stuart's CEO Practice and a member of the Board Services and Industrial practices. He served as chairman of the firm from 2003 to 2006, having served as joint chairman for the previous four years and as CEO for three terms prior to that. He is also secretary and a director of Project HOPE. Dayton is a graduate of Yale University.

Sept 12 Alison Nicholls is a watercolor wildlife artist who lived in the southern African countries of Botswana and Zimbabwe for nearly 9 years. In 2007 she spent 6 weeks at the Painted Dog Conservation project in Zimbabwe. Her talk explains how Painted Dogs live, why they are threatened and how the Painted Dog Conservation project is involving the local community in preserving this ancient and intriguing species. You will hear about the life of an artist in the bush, view sketches from Alison's journal and see video clips from Alison's trip.

Sept 19 New Canaan resident Ron Ulrich will review how the New York Philharmonic concert in North Korea came about and what it was like in Pyongyang. He'll comment about preparations, how they were received, and how the visit tied in with the other factors occurring between North Korea, the U.S., and other countries in the region. Mr. Ulrich is the founder of Equinox Capital Management, which he serves as Chairman and Chief Investment Officer. He is also a board member of the New York Philharmonic and Lincoln Center, and on the Executive Committee of Lehigh University.

Sept 26 SMC member Paul Strassmann, currently serving as a senior advisor to the Deputy Chief of Naval Operations, will update the Senior Men's Club with illustrated slides about the latest Department of Defense innovations. His lecture will include Air Force, Navy and Army weapons such as the Predator Unmanned Vehicle, the new F-22 fighter plane, the 200-mile range Rail Gun, mine-resistant ambush protected vehicles, and many more. Mr. Strassmann, formerly the Chief Information Officer of NASA, will also discuss the latest plans for replacing the Orbital Shuttle with rocket-based vehicles.

END OF SEASON TENNIS PARTY - Everyone, not just tennis players, are welcome. The party will be held at the Waveny mansion on Tuesday, September 9 from 6 to 9 p.m. Send your check for \$5 per person to Lorry Koch, 64 Old Studio Road. That, plus bringing an hors d'oeuvre for 6-8 people, is your admission ticket.

COUTH

- Sept 18 (Thur)** We will be beguiled by the Waterfalls of New York City, a Public Art Fund project by the renowned Danish artist Olafur Eliasson. To enjoy this totally unique experience we shall travel to the South Street Seaport. We will have about 2-1/2 hours to stroll about and enjoy a luncheon on our own before boarding the ship Zephyr for a narrated viewing of the Waterfalls. After the cruise, we return home arriving about 5:00pm. Cost is \$53.00 per person. Check in: 9:15 a.m. for a 9:30 departure. Your hosts: Ladd Seton (972-8786) and Stan Stanziale (966-2862).
- Oct 7 (Tues)** We return to the the CIA - Culinary Institute of America in Hyde Park, NY for a tour and lunch at Escoffier Restaurant. The restaurant was awarded "Best Dutchess County Restaurant" in Hudson Valley Magazine's annual "Best Of The Hudson Valley" awards. Zagat says: "Lovely high French cuisine served with style the classic way in the most elegant room makes this CIA standout the star of the Hyde Park school's marvelous restaurants." Cost is \$80.00 per person. Check in: 7:15 a.m. Your host: Bob Spence - 966-6499.
- Nov** A trip is in the planning stages to Broadway to see Jersey Boys. This brief note is meant to generate your interest. Details will follow from trip leader Ron Seger, as to date, dinner venue, times, etc.

Please note: As a reminder, the Couth policy is as follows: The sign-up sheet is to be used as an indication of interest and intent to participate, but not to establish a reservation. The date of the check receipt by the Couth Committee will be the control of a confirmed reservation.

ACTIVITIES

- Amateur Chefs** The chefs will meet at Lapham Community Center on Thursday, Sept. 18. There's a limit of 12 chefs. The menu will be announced at a Friday meeting. Check with Nick or Bert for more details..
Bert Liebelt (966-3696), Nick Zaccagnino (966-7217)
- Bridge** Bridge follows weekly meetings. Games last until about 2:00 p.m. Sign up before the meeting or at start of the break at the Couth Desk. A post-meeting drawing establishes who'll go to Lapham Center for play.
Eric Musa (966-3125)
- Golf** We've got two dates in September. Sept. 8 we'll play at H. Smith Richardson in Fairfield (directions: www.hsrgolf.com). First tee time is 10:30, cost is \$43, including cart. Then we'll play at Sterling Farms in Stamford on Sept. 23 (directions: www.sterlingfarmmsgc.com), with the first tee time of 11:03. Cost is \$37, including cart. .Harvey Place (966-1821), Bill Kapp (966-4043)
- Photography** The photography group will meet Wed. Sept. 10 from 1:30 to 4:00 at the Lapham Community Center.
Jack Messert (966-8754)
- Racquetball** Players wanted. Mon, Wed, Fri 8:00 a.m. at the YMCA. Bill Patton (966-4849)
- Skyblazers** The planes will stay in the hangar for September, resuming in October. Jack Murray (966-1416)
- Tennis** Play at Mead Park on Monday, Tuesday, and Thursday from 8 to 10 a.m. A Rec Department permit is required. Craig Wright (966-4399)
- Trailblazers** Two hikes are tentative for September. One is planned to be a hike to see the Waterfalls in NYC, led by Pete Stair on Sept. 24. The other will be a conventional hike in this area. Stay tuned at Friday meetings and on the website for details. Ray Davis (940-3013)
- 4F Luncheon** Our informal, relaxing Dutch treat lunch is the Fourth Friday, Sept. 26. The site will be announced at Friday meetings. All are invited to join in, especially newer members who will find the group always hospitable. Sign up at the Couth desk, either before 10 a.m. or during the coffee break. Don Tiefenthaler (966-5794)

PUZZLE OF THE MONTH - Each day a man leaves his apartment on the 10th floor; takes the elevator down to the Lobby and goes to work. At the end of the day he returns home; takes the elevator to the 8th floor and walks up two flights. Why? (Answer will be in next month's newsletter. Thanks to Bob Dalury for this item.)

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