



# NEWSLETTER

SMCNC.ORG  
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## SUNDAY MORNING

A few minutes before the church services started, the towns people were sitting in their pews and talking. Suddenly, Satan appeared at the front of the church. Everyone started screaming and running for the front entrance, trampling each other in a frantic effort to get away from the evil incarnate! Soon everyone had exited the church except for one old man calmly sitting in his pew without moving, seeming oblivious to the fact that God's ultimate enemy was in his presence. Satan walked up to the old man and said "Don't you know who I am?" "Yep, sure do." "Aren't you afraid of me?" "Nope, sure ain't." "Don't you realize I can kill you with a word?" "Don't doubt it for a minute." "Did you know that I could cause you profound, horrifying, physical agony for all eternity?" "Yep," was the calm reply. "And you're still not afraid??" asked Satan. "Nope" More than a little perturbed, Satan asked, "Well, why aren't you afraid of me?" The man calmly replied . . . , "Been married to your sister for 68 years."

## SEPTEMBER SPEAKERS (Meetings are at 10:00 a.m. in Morrill Hall, St. Mark's Church.)

- Oct 2 William Boughton was born into a musical family, his grandfather was a composer, his father a professional viola player and his mother was a singer. After studies, at New England Conservatory (Boston), Guildhall School of Music (London) and Prague Academy as a cellist, he entered the profession in London playing with the Royal Philharmonic, BBC and London Sinfonietta. The experience of playing in orchestras led to a passion to pursue a career in conducting. In July 2007 he became the 10th Music Director of the New Haven Symphony Orchestra.
- Oct 9 Would you like to know what seals have for breakfast or the best way to greet a penguin when you meet one on an ice floe? Can you tell the difference between a cow-nosed ray and a wolf fish or the best way to get to a menhaden? (Hint- it's not through the Bronx). All will be revealed by Jennifer Herring, President and CEO of the Maritime Aquarium at Norwalk. Ms. Herring, 55, is a former senior vice president for development and membership with the Wildlife Conservation Society, and has led the Maritime Aquarium since 2004.
- Oct 16 Our own SMC member Dr. Paul Strassmann will give us a briefing on the subject of cyber warfare. Topics will include: a description of various forms of cyber attacks, US vulnerability to information security compromises, a review of the current status of cyber defenses, precautions that should be taken by individual citizen, and more. Paul is Distinguished Professor of Computer Science at the George Mason University, former Director of Defense Information at the Office of the Secretary of Defense and former Chief Information Officer of NASA.
- Oct 23 Katrina Firlik is a neurosurgeon, writer, and entrepreneur. Most recently, she was in private practice at Greenwich Hospital in Greenwich, Connecticut, and on the clinical faculty at Yale University School of Medicine. She is now applying her expertise to medical device innovation as an entrepreneur. The title of her talk is "How to Think Like a Brain Surgeon." The average lay person assumes that brain surgery is so complex that it would be difficult to understand. She will demystify brain surgery by explaining a couple of core, fundamental concepts that are simpler than you might think.
- Oct 30 Elizabeth (Betty) Johnson will tell us "All About Tea." This includes a short history of tea; how it is processed and distributed and the health benefits as well as how to make the perfect cup of tea. Now retired as Bigelow's Customer Service Manager, she worked alongside of Cindi Bigelow, granddaughter of company founder Ruth Campbell Bigelow, to learn the business. Betty talks about tea to many diversified groups throughout the Northeast. She says that she especially enjoys typical audience reaction to learning about this amazing beverage.

NEW MEMBERS - We have two new members since the last newsletter: Warren Brown and Dick Steinmetz. Please welcome them when you see them at the meetings.

## COUTH

- Oct 7 (Wed) We will celebrate the 400th anniversary of Henry Hudson's discovery of his eponymous river while hoping to see some beautiful fall colors. Following lunch at Torches on the Hudson in Newburgh, we will board the Pride of the Hudson for a two hour private cruise on Hudson's river. Cost will be \$95 per person and departure will be at 9:30 AM. We have a strict limit of 50 people. Our tour leader will be Pete Stair 966-6497.
- Nov 7 (Sat) We're planning to attend the Yale-Brown game in New Haven. Details to follow
- Nov 4 (Wed) We're also planning a trip to see a Wednesday matinee performance of South Pacific. The cost per person will be \$155. Further details will follow.

Please note: As a reminder, the Couth policy is as follows: The sign-up sheet is to be used as an indication of interest and intent to participate, but not to establish a reservation. The date of the check receipt by the Couth Committee will be the control of a confirmed reservation.

## ACTIVITIES (Check the website at SMCNC.ORG for updates)

- Amateur Chefs The chefs will meet at Lapham Community Center on Thursday, October 15. Details will follow at the Friday meetings and on the website.  
Bert Liebelt (966-3696), Nick Zaccagnino (966-7217)
- Bridge Bridge follows weekly meetings. Games last until about 2:00 p.m. Sign up before the meeting or at start of the break at the Couth Desk.  
Eric Musa (966-3125)
- Cycling A new activity, for all levels, not just expert riders! Meet at Lapham Community Center at 8:30 on Wednesday mornings for a ride. Sometimes we'll go from there, other times we'll carpool to a starting point.  
Les DeVilliers (966-9645), Roger Colson (966-9258)
- Golf We have two dates in October. The first will be Monday, Oct 5 at Ridgefield Golf Club in Ridgefield, 1<sup>st</sup> tee time is 9:30, price \$44, including cart (directions: [www.ctgolfer.com/directories/public/ridgefield.html](http://www.ctgolfer.com/directories/public/ridgefield.html)). On Wednesday, Oct. 14, we'll play at Whitney Farms in Monroe, 1<sup>st</sup> tee time is 9:30, price \$45, including cart (directions: [www.whitneyfarmsgc.com](http://www.whitneyfarmsgc.com)).  
Harvey Place (966-1821)
- Paddle Tennis Play will begin when the tennis nets go down, probably later in October. Play on Monday, Tuesday and Thursday from 9:00 to 11:00 at Waveny. A Rec Department permit is required. \$10 ball fee.  
Steve Rowley (966-2376), John Ross (966-8339)
- Photography The time and topic will be announced at the Friday meetings.  
Jack Messert (966-8754)
- Racquetball Players wanted. Mon, Wed, Fri 8:00 a.m. at the YMCA.  
Bill Patton (966-4849)
- Skyblazers The planes are in the hangar. Stay tuned at Friday meetings and on the website for further information.  
Jack Murray (966-1416)
- Tennis Play at Mead Park on Monday, Tuesday, and Thursday from 8 to 10 a.m. until the nets go down. A Rec Department permit is required.  
Craig Wright (966-4399)
- Trailblazers Listen at the Friday meetings and check the website for more details on any upcoming hikes.  
Ray Davis (940-3013)
- 4F Luncheon Our informal, relaxing Dutch treat lunch is the Fourth Friday, October 23. The site will be announced at Friday meetings. All are invited to join in, especially newer members who will find the group always hospitable. Sign up at the Couth desk, either before 10 a.m. or during the coffee break.  
Don Tiefenthaler (966-5794)

**ANSWER TO LAST MONTH'S PUZZLE - There were 6 people at the meeting.**



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