

AARP Quiz (Thanks to Jack Messert)

Q: Where can men over the age of 60 find younger, sexy women who are interested in them?

A: Try a bookstore-----under fiction.

Q: What can a man do while his wife is going through menopause?

A: Keep busy. If you're handy with tools, you can finish the basement. When done you will have a place to live.

Q: Why should 60+ year old people use valet parking?

A: Valets don't forget where they park your car.

Q: Is it common for 60+ year olds to have problems with short term memory storage?

A: Storing memory is not a problem, retrieving it is a problem.

Q: As people age, do they sleep more soundly?

A: Yes, but usually in the afternoon.

Q: Where should 60+ year olds look for eye glasses?

A: On their foreheads.

Q: What is the most common remark made by 60+ year olds when they enter antique stores?

A: 'Gee, I remember these.'

OCTOBER SPEAKERS (Meetings are at 10:00 a.m. in Morrill Hall, St. Mark's Church.)

- Oct 3 Ira Millstein will speak to us about corporate governance. A senior partner at the international law firm Weil, Gotshal & Manges, Mr. Millstein has counseled numerous boards on issues of corporate governance, including the boards of General Motors, Westinghouse, Bethlehem Steel, Tyco International, The Walt Disney Co. and The Nature Conservancy. He is a graduate of Columbia Law School and is also Chairman of the Board of Trustees of the American Red Cross in Greater New York
- Oct 10 Our speaker will be Neil R. Austrian. From 1991 to 1999 he served as President and Chief Operating Officer of the National Football League. At the NFL, he had executive responsibility for all operating departments and business entities of the League, including Television, NFL Properties, NFL Films, NFL Enterprises and International. Prior to joining the NFL he served as Managing Director of Dillon Read & Co. in charge of their private equity investments.
- Oct 17 Craig Evans will take us on some lesser known treks near Machu Picchu and around Mt. Ausangate, the highest peak in southern Peru. Mr. Evans has enjoyed bringing clothing, medical, school, and other supplies to remote communities in this region for the past five years. Mr. Evans is a Senior Managing Director at Colliers ABR, a full-service commercial real estate firm in New York and a partner in Colliers International.
- Oct 24 At no other time and place was the art of portraiture as rich in expressive potential as early twentieth-century Paris. The cult of personality that drove the brilliant careers of Pablo Picasso, Henri Matisse, Marc Chagall, and Marcel Duchamp demanded new forms of human likeness. Salli Garrick, a sales associate in the Greenwich office of Coldwell Banker Residential Brokerage, who was honored with the Bruce Museum of Arts and Science's Docent of the Year award for 2007, will be presenting this program.
- Oct 31 Our speaker will be Steven Berizzi, giving us a presentation entitled "Great Presidential Elections of the 20th Century," focusing on the question: What can be learned by studying the elections of 1912, 1948, and 1992? It also will refer to the elections of 1952 and 1968, which, as wartime elections, have obvious relevance to this year's contest. Mr. Berizzi retired from the practice of law in 2001 and has since taught history and political science at Norwalk Community College.

FLU SHOT CLINIC A Flu Shot Clinic for SMC members and their spouses/significant others will be held on Friday, Oct. 24th from 8:30 am - 10:00 am (before our regularly scheduled meeting) at the back of Morrill Hall. The cost is \$37 per person. Medicare or Anthem insurance will pay for those eligible - bring your Medicare or Insurance card or a copy. This will be administered by Nursing & Home Care. You will need a [consent form](#), which you must print out, fill out and bring along with your Medicare or Anthem insurance card. Before coming to the clinic, you should also print out and read the [Flu Shot Information Sheet](#). See the SMC Website for these forms.

COUTH

- Oct 7 (Tues)** We return to the CIA - Culinary Institute of America - in Hyde Park, NY for a tour and lunch at Escoffier Restaurant. Zagat says: "Lovely high French cuisine served with style the classic way in the most elegant room makes this CIA stand out the star of the Hyde Park school's marvelous restaurants." Cost is \$80.00 per person. Check in: 7:15 a.m. Your host: Bob Spence - 966-6499.
- Nov. 5 (Wed)** We'll go to Broadway for the outstanding musical, Jersey Boys. Dinner will be at Da Rosina, with the show to follow. The bus will depart St. Mark's at 3:30 p.m. Cost will be \$155 per person, \$310 per couple. Your host will be Ron Seger ((966-8184).
- December** A great Christmas season outing is in the planning stages. More details will be available at the Friday meetings, on the website and in the next newsletter. Bob Witt will be your host.

Please note: As a reminder, the Couth policy is as follows: The sign-up sheet is to be used as an indication of interest and intent to participate, but not to establish a reservation. The date of the check receipt by the Couth Committee will be the control of a confirmed reservation.

ACTIVITIES

- Amateur Chefs** The chefs will meet at Lapham Community Center on Thursday, Oct. 16 for the annual husband/wife/significant other lunch. There will be a 40 person limit. Details to follow at the Friday meetings and on the website. Bert Liebelt (966-3696), Nick Zaccagnino (966-7217)
- Bridge** Bridge follows weekly meetings. Games last until about 2:00 p.m. Sign up before the meeting or at start of the break at the Couth Desk. A post-meeting drawing establishes who'll go to Lapham Center for play. Eric Musa (966-3125)
- Golf** We've got two dates as we finish the season in October. Oct. 6 we go to Ridgefield (Directions: www.ridgefieldct.org). First tee time is 10:00, cost is \$44, including cart. Then we'll end at Whitney Farms in Monroe on Oct. 22 (directions: www.whitneyfarmsgc.com), with the first tee time of 9:30. Cost is \$45, including cart. Harvey Place (966-1821), Bill Kapp (966-4043)
- Paddle Tennis** Play will begin October 27. Play on Monday, Tuesday and Thursday from 9:00 to 11:00 at Waveny. A Rec Department permit is required. \$10 ball fee. George Perkins (972-6852)
- Photography** Listen at meetings or check the website for the next meeting of the photography group. Jack Messert (966-8754)
- Racquetball** Players wanted. Mon, Wed, Fri 8:00 a.m. at the YMCA. Bill Patton (966-4849)
- Skyblazers** Stay tuned at Friday meetings and on the website for the next meeting of the Skyblazers. Jack Murray (966-1416)
- Tennis** Play at Mead Park on Monday, Tuesday, and Thursday from 8 to 10 a.m. A Rec Department permit is required. Craig Wright (966-4399)
- Trailblazers** On Wednesday, Oct. 8, we'll go to the Storm King Summit Trail in New York State on the west side of the Hudson River for an easy hike with great views of the river. Bring lunch and a friend. Meet at St. Mark's at 8:30 to car pool. Ray Davis (940-3013)
- 4F Luncheon** Our informal, relaxing Dutch treat lunch is the Fourth Friday, Oct. 24. The site will be announced at Friday meetings. All are invited to join in, especially newer members who will find the group always hospitable. Sign up at the Couth desk, either before 10 a.m. or during the coffee break. Don Tiefenthaler (966-5794)

MEMBER DUES Jim Davis, club treasurer, will be happy to receive payment of your Senior Men's Club dues of \$35 for the 2009 calendar year. While not due until January, 2009, your early payment will help out by eliminating the need for follow-up reminders. You may pay Jim any Friday, by check to SMCNC, or mail your payment to SMC, c/o YMCA, 564 South Avenue, New Canaan, CT 06840.

ANSWER TO LAST MONTH'S PUZZLE - He's a midget, so he can't reach the top buttons.

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