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NEWSLETTER

SOME SENIORS NEVER SEEM TO AGE OR LOSE THEIR YOUTHFUL ZEST

An 80-year-old Texas farmer goes to the clinic in Dallas for a check-up. The doctor is amazed at what good shape he is in and asks, "How do you stay in such good shape?" "I'm from Texas and in my spare time I like to hunt and fish. I'm up well before daylight in the field plowing and mending fences and when I'm not doing that, I'm out hunting or fishing. In the evening, I have a beer and all is well." "Well," says the doctor, "I'm sure that helps, but there has to be more to it. How old was your father when he died?" "Who said my father's dead?" The doctor was amazed, "You mean to say you're father is still alive?" "He's 100 years old. In fact, he worked and hunted with me this morning. Then he went to the bar for a while and had some beers. And he hunts and fishes too. That's why he's still alive." "Well, that's great, but I'm sure there's more to it than that. How about your father's father? How old was he when he died?" "Who said my grandpa's dead?" Stunned, the doctor asks, "You mean you are 80 and your grandfather is still alive?" "He's 118 years old". The doctor is getting frustrated at this point, "So, I guess he went hunting with you this morning too?" "No, Grandpa couldn't go this morning because he's getting married today." At this point the doctor is close to losing it. "Getting married! Why would a 118-year-old guy want to get married?" "Who said he wanted to?"

DECEMBER SPEAKERS - (Meetings are at 10:00am in Morrill Hall, St. Marks Church)

December 4 **Aaron Hollander** is President & Chief Executive Officer of First Aviation Services, Inc, a leading provider of repair and overhaul, rotables management and related engineering services to the aviation industry worldwide. He has led the turn around and growth for a number of aviation, defense and motor sports companies. The title and subject of his talk is: "Preparing the Department of Defense for the Future - A defense hawk's guide to reducing Department of Defense spending and improving readiness".

December 11 **SMC ANNUAL CHRISTMAS LUNCHEON** at the Country Club of New Canaan. Bring wives, friends and guests. Cash bar starts at 11:30am and a delicious lunch is served at 12:20pm. Choice of roast beef (a man's cut) or delectable salmon. Salad, dessert and wine included. Price is \$55 or \$60 at door. Open seating. Easy parking. Make reservations at Couth Table or mail check to Paul Stein, 172 Oenoke Lane, NC, CT. Write "meat" or "fish" on your check. **ALSO**, don't forget to bring a wrapped gift for a child age 3 - 12 years old. Games, books, toys are appropriate. Wrap and indicate Boy or Girl and age on the outside.

December 18 **Dr. Henry C. Lee** is one of the world's foremost forensic scientists and has been a prominent player in many of the most challenging cases in last 50 years: Jon Benet Ramsey, O. J. Simpson and the reinvestigation of the Kennedy assassination to name three. He will share with us some of these most famous cases. Dr. Lee is currently the director of Forensic Research and Training Center and is Distinguished Professor in Forensic Science of the University of New Haven.

December 25 NO MEETING - Merry Christmas!

DISTINGUISHED NEW CANAAN SENIOR MAN NOMINATIONS - Nominations are now being accepted for the Distinguished NC Men's Award. If you know someone in the club with exceptional service to the club, to the NC community and/or NC government, please consider nominating him for this recognition in 2016. SMC members may submit a nomination that describes titles, descriptions of service, length of services, funds raised and benefits provided to people or groups. Nominations are due February 15, 2016 and should be given to SMC President Les deVilliers. For more info, visit the website or contact Ralph Hills (203-966-6211).

ACTIVITIES - (Check the website at SMCNC.ORG for updates)

Amateur Chefs	<u>Thursday, December 17th</u> - The HOLIDAY-FESTIVAL luncheon at Lapham; 12 noon. \$15 will hold your reservation. Sign-up sheet will be at the Couth table. Nick Zaccagnino (203-966-7217) or Bert Liebelt (203-966-3696)
Bridge	Talk with friends and organize your own games after Friday meetings. Marvin Newman (203-972-8165)
Investments	Next meeting, <u>Monday, January 4</u> - Check website for additional information. Paul Strassmann (203-966-5505)
Paddle Tennis	Play on Mondays ,Tuesday sand Thursdays, 9-11am at Waveny. A Rec. Department permit is required. Nick Guthrie (203-966-6192), Sam Samai (203-966-0427)
Poker	Meet on Tuesdays at Lapham, 11am-1pm. George Perkins (203-972-6852)
Sidewalks of NY	We will resume New York City walking tours next Spring. Questions or suggestions for new walks, contact Pete Stair (203-962-2034) or hstair@gmail.com.
Table Tennis	Play at the YMCA, Tuesday and Thursday at 8am. Stephen Halpert (203-972-7555)

SMC YEARLY CLUB DUES ARE DUE IMMEDIATELY - Gentlemen, thank you for your 2015 club dues payment. However, there are still many members who have yet to pay. So as a reminder, please submit your \$50 payment at our next meeting in cash or check, or you can mail your check to SMCNC, c/o YMCA, 564 South Ave., NC, CT 06840. And, a special "Thank You" to those who have paid an extra amount over the \$50 to help balance our budget....we're almost there. If you want to pay by using your credit card or PAYPAL, please log onto the SMCNC website for further details.

NEW MEMBERS - Glad to announce that we have 6 new members this month: Norm Walker, Richard Thomas, Larry Devito, Gary Russo, Thomas Hickey and Ed Zerdy. Welcome, gentlemen! We are delighted that you have joined the SMCNC.

END OF YEAR MESSAGE FROM YOUR SMC PRESIDENT - On Friday, December 11th, we, as members of the Senior Men's Club will once again join together for an outstanding Christmas luncheon at the New Canaan Country Club, reflecting on the past and conjecturing about the future. We will be joined by our wives and significant others at an event that encapsulates what we are all about: Men over 55 intent on leading meaningful lives as volunteers and mentors in the community while cultivating lasting friendships. There is hardly a charitable organization in the town of New Canaan that was not initiated by or formed with the support of members or our club. The word "retirement" has no place in our vocabulary as we prove every day that completing a formal career simply opens up new and exciting possibilities for a full and meaningful life in other pursuits. We are all privileged to be members of this band of brothers. -- Les deVilliers